## Sentara Surgical Operations Solutions

## 09/03/2022

Sincerely,

This is to confirm that Olivia Smith will be under our care from 09/05/2022 to 09/10/2022. They may return to work/school on 09/16/2022. We advise the following limitations: no lifting greater than 15 lbs; no standing for more than 30 minutes. These limitations should continue for 4 week(s) from 09/05/2022, after which time they may return to full duty.

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1) The student is identified

2) The dates of impact are identified

The mitigation date of the circumstances is identified

Pavan D. Sharma, MD

Document is signed

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