
Cyrus R. Williams III PhD, LMHC (FL), LPC (VA)

Associate Professor and Program Director of the PhD Program
School of Psychology and Counseling, Regent University
1000 Regent University Drive, CRB 221
Virginia Beach, VA 23464
cwilliams2@regent.edu
757.352.4576

EDUCATION

Doctor of Philosophy, (PhD) in Counselor Education

University of Florida, Gainesville, FL

Counselor Education

Specialization: Mental Health Counseling

Dissertation Title: *“Hope and First Generation College Students: An Examination of Academic Success and Persistence.”*

Specialist in Education, (EdS.) in Higher Education Leadership

University of Florida, Gainesville, FL

Specialization: Higher Education Leadership

Master of Science, (M.S.) in Counseling

University of Hartford, West Hartford, CT

Bachelor of Science, (B.S.) in Business Administration

Eastern Connecticut State University, Willimantic, CT

LICENSURE/ SPECIAL TRAINING

Licensed Mental Health Counselor 2013

Florida, License Number MH 11567

Licensed Professional Counselor 2013

Virginia, License Number 0701005688

Level 1 Clinical Training Gottman Method Couples Therapy: Bridging the Couples Chasm

Level 2 Clinical Training Gottman Method Couples Therapy: Assessment, Intervention and Co-Morbidities.

Level 3 Clinical Training Gottman Method Couples Therapy: Practicum training.

CSAT Training Module 1: Introduction to Sex Addiction Training

CSAT Training Module 2: The Family Zone: Understanding the Impact on the Partner, Disclosure, and Help for the Recovering

CSAT Training Module 3: The Recovery Zone – The Internal and External Tasks

EMPLOYMENT

Program Director of the Counselor Education, PhD Program School of Psychology and Counseling Regent University

August 2017-Present

- Manage day-to-day operations of the doctoral program in Counselor Education
- Serve on department, college and university committees
- Oversee 10+ full and part-time faculty
- Develop, implement, and monitor policies, procedures, curriculum, and program evaluation for internal and external program review
- Monitor enrollment, admissions, and budget projections for department
- Ensure program compliance with accreditations bodies, state licensing boards, and state and national certification boards
- Teach, mentor and supervise students in the Counseling program

Associate Professor, School of Psychology and Counseling Regent University

May 2015-August 2017

- Maintained a fulltime teaching load in both the Masters in Counseling and the Counselor Education and Supervision PhD Program
- Served as a committee Chair and member for doctoral dissertations
- Supervised practicum and internship students
- Served on university wide committees
- Advised students
- Taught online and on campus courses
- Faculty Advisor of CSI

Assistant Professor, School of Psychology and Counseling Regent University

January 2010-May 2015

- Maintained a full-time teaching load in both the Masters in Counseling and the Counselor Education and Supervision PhD Program
- Served as a committee Chair and member for doctoral dissertations
- Supervised practicum and internship students
- Served on university wide committees
- Advised students
- Taught online and on campus courses

Interim Chair, Counseling Department, School of Psychology and Counseling Regent University

January 2013-May 2013

- Provided leadership and oversight of four graduate programs:
 - CACREP Accredited online PhD (Doctoral) in Counselor Education and Supervision
 - Traditional and Online CACREP accredited Masters in Counseling Program (School Counseling, Community Counseling and Clinical Mental Health Counseling)
 - Online Human Services Program
- Managed 20 full-time and 10 adjunct faculty members and approximately 410 graduate students
- Provided leadership for monthly coordinators meetings, preparation of self-studies and outcome reports for accrediting agencies, responded to requests from the Dean of the School of Psychology and Counseling, faculty and students.

SUMMARY OF COURSES TAUGHT

COUN 500	Orientation to Counseling (Face to Face & Online)
COUN 521	Counseling Skills & Techniques
COUN 523	Practicum
COUN 535	Addictive Behaviors (Face to Face & Online)
COUN 536	Career & Lifestyle Development (Face to Face & Online)
COUN 546	Marital & Couples Therapy (Face to Face & Online)

CES 670	Multicultural Issues in Counseling
COUN 575	Special Topics: Counselor as Advocate (Created this course; Online)
COUN 595	Internship
COUN 626	Advanced Counseling Theories (PhD Course; Online)
CES 670	Multicultural Issues in Counseling (PhD Course; Online)
CES 740	Counselor Education and Supervision (PhD Course; Online)
MHS 6401	Counseling Theories
MHS 6428	Multicultural Counseling
SDS 3481	Alcohol & Drugs in Society
SLS 1102	University 101, First Year Florida
HSE 101	Introduction to Human Services
DAR 111	Drugs & Alcohol in Perspective

DISSERTATION COMMITTEES

Member, Cheryl Smith, *Family and Role Model Influences on Blacks' Dysfunctional Career Thoughts*

Member, Melissa Windham, *Community College Student Retention*

Member, Nora Coleman, *Effects of Competency Training on Family Functioning, Academic Engagement & Self-Concept*

Member, Jamie Norman, *Relations Between Coping and Substance Abuse*

Member, Todd Grande, *Path Analysis of the SCL-90-R: Exploring Use in Outpatient Assessment*

Member, Jaclyn Cervo-Jacobson, *The Lived Experiences of Low-Income Black Persons with the Public School Systems of Central Virginia*

Member, Kandiss Sharpe-Taylor, *School Counselors' Self-Efficacy in Adolescents' Non-Suicidal Self-Injury and Suicidal Behaviors*

Member, Sonja Sutherland, *Identifying Factors Influencing Program Effectiveness Outcomes in Psychiatric Residential Treatment*

Member, Olesya Karakosta, *Working Title: Influencing Variables in the Treatment of Juvenile Sex Offenders in Residential Care*

Member, Andrew Wickerman, *Comparison of Evidence Based Practices for SED Identified Youth*

Chair, Elizabeth Faison, *Hope, Perception and Career Counseling Self-Efficacy as Predictors of School Counselor Engagement of Alienated Students*

Member, Taquisa Simmons, *Effects of the Supervisory Working Alliance on Job Satisfaction and Work Related Stress*

Member, Beth Gerhard-Burnham, *The Lived Experience of Adolescent Sex Offenders a Phenomenological Case Study*

Chair, Michael Jones, *Counselor Perceptions of the Efficacy and Ethics of Distance Counseling*

Member, Sarah Long, *Spiritual and Religious Effects on Life Satisfaction in Early SUD Recovery*

Chair, Connie Omari, *Black vs. White: Differences Between Marital Attitudes and Expectations*

Chair, Jaclyn Cervo-Jacobson, *Experiences of Low-Income Black Persons with Public School Systems in Central Virginia*

Member, Francis Daily, *ISOTP Impact on Juvenile Sex Offenders in Residential Care Settings*

Member, Vanessa Snyder, *The Impact of Trauma-Informed Care Education and Training on Aftercare Providers of Sex-Trafficking Survivors*

Member, Alicia Boyd, *Constructing a Childhood Abuse Scale Using the MMPI-2-RF with a Substance Abuse Population*

Member, Nicole Scott, *African Americans and Hope Focused Marriage Therapy*

Member, Marquis Norton, *Exploring the Relationship Between Depression and Resilience in Survivors of Childhood Trauma*

Chair, Laura Martin, *Confirming the Quarter Life Crisis in Community College Students*

Chair, LaKeitha Poole, *Resilience, Efficacy, & Non-Traditional Families Among African American College Students*

Chair, Melissa Nelson, *The Impact of Imposterism and Guilt on Belongingness Among College Students*

Member, Carrie Merino, *Attachment, Etiological Factors and Levels of Care in Male Juvenile Sex Offenders*

Chair, Tricia Milkolon, *Corrections Fatigue and the Impact of Prison Social Climate Variables: An Exploratory Study*

Chair, Connie Omari, *Decoding the Marriage Gap Between Whites and Blacks in America*

PUBLICATIONS

Williams, C., Hourihan, T. (2018). *Career, Lifestyle, and Spiritual Development: Work, Purpose, Calling and God (First Edition)*. ed. **C. Williams**, T. Hourihan. San Diego, CA: Cognella Academic Publishing, 2018.

Williams, C., Hourihan, T. (2018). "History of Calling and Career Counseling" In *Career, Lifestyle, and Spiritual Development: Work, Purpose, Calling and God (First Edition)*. Eds. **C. Williams**, T. Hourihan (pages 2-19). San Diego: Cognella Academic Publishing, 2018.

Williams, C., Hourihan, T. (2018). "Modern Career Counseling Theory " In *Career, Lifestyle, and Spiritual Development: Work, Purpose, Calling and God (First Edition)*. Eds. **C. Williams**, T. Hourihan (pages 70-95). San Diego: Cognella Academic Publishing, 2018.

Merino, C., Underwood, L.A, Crump, Y. & **Williams C.** (2017). The Relationship between attachment, depression, and anxiety in juveniles with sexual behavior problems. *Journal of Mental Disorders and Treatment*, vol 4, 1, 1-9.

Johnson, T.L., Underwood, L.A., Dailey, L.L., **Williams, C.** and Crump, Y. (2018). Comparing social climate perceptions of staff and juveniles with sexual behavioural health problems. *Mental Health and Human Resilience International Journal*, vol 2, 1, 1-14.

Hoard, P., Underwood, L.A., Dailey, F.L., **Williams, C.**, and Etienne, R. (2018). Preliminary results of social climate's impact on treatment progress of juveniles with sexual behaviour problems. *Journal of Behavior*, 2(3):104. 1-9.

Merino, C., Underwood, L.A., Dailey, F.L., **Williams, C.**, Crump, Y. & Washington, A. (2017). Attachment, etiological factors and levels of care in juveniles with sexual behavior problems. Accepted to the *Journal of Psychology and Behavior Health Science*.

Karakosta, O., Underwood, L.A., **Williams, C.**, Todd, S., Dailey, F.L., Merino, C., Fairchild, B., Williams, E., Crump, Y., & Wood, S. (2016). Reducing cognitive distortions in a sample of juveniles with sexual behavior problems *World Journal of Behavioral Science*, 2, 1-11.

- Garrett, M. T., Curtis, R., Parrish, M., Portman, T. A. A., Grayshield, L., **Williams, C. R.**, & Reese, R. (2016). Positive psychology practice with Native Americans. In E. Chang, C. Downey, J. Hirsch, & N. Lin (Eds.), *Positive psychology in racial and ethnic minority groups: Theory, research, assessment, and practice* (pp. 281-304). Washington, DC: American Psychological Association.
- Gerhard-Burnham, B., Underwood, L.A., Speck, K., **Williams, C.**, Crump, Y & Merino, C. (2016). The lived experience of the adolescent sex offender: A phenomenological case study. *Journal of Child Sexual Abuse*. 25(1), 1-17. doi: 10.1080/10538712.2016.1111965
- Karakosta, O., Underwood, L.A., **Williams, C.**, Todd, S., Dailey, F.L., Merino, C., Wood, S. (2016). The impact of an integrated sex offender treatment program in reducing cognitive distortions. *World Journal of Behavioral Science*. 2, 1-11. doi: <http://dx.doi.org/10.20941/2414-214X.2016.02.1>
- Dailey, L.L., Underwood, L.A., Crump, Y., **Williams, C.**, Newmeyer, M., Poole, L, and Washburn, D., (2016). Treatment effectiveness of the Louisiana sexual behavior problems treatment program. *International Journal of Psychology & Psychoanalyses*, 2(2), 1-8. Retrieved from <https://www.clinmedjournals.org/articles/ijpp/international-journal-of-psychology-and-psychoanalysis-ijpp-2-014.pdf>
- Williams C.**, Garrett, M., & Brown, E. (2015). First generation African American college students. In J. Curry & M. A. Shillingford (Eds). *African American students' career and college readiness: The journey unraveled* (pp. 187-206). Lanham, MD: Lexington Publishers.
- Garrett, M. T., **Williams, C.**, Curtis, R., Brown, T., Portman, T. A. A., & Grayshield, L., Parrish, M., (2015). Native American spiritualities and pastoral counseling. In E. Maynard, & J. Snodgrass (Eds.), *Understanding pastoral counseling* (pp. 303-326). New York: Springer.
- Grande, T. L., Newmeyer, M. D., Underwood, L. A., & **Williams, C. R.** (2014). Path analysis of the SCL-90-R: Exploring use in outpatient assessment. *Measurement and Evaluation in Counseling and Development*, 47(4), 271-290. doi:10.1177/0748175614538061
- Windham, M., Rehfuss, M., **Williams, C.**, Pugh, J., Tincher-Ladner, L. (2014). Retention of first-year community college students. *Community College Journal of Research and Practice*, 38(5), 466-477. doi: <http://dx.doi.org/10.1080/10668926.2012.743867>
- Williams, C.**, Marks Reid, L., Bannis, B. (2014). Nurturing hope and resilience: Connecting with at-risk middle school students using rap therapy. In M. Garrett (Ed.). *Adversity: Psychology, influences of childhood & adolescence and coping strategies*.
- Butler, K., Evans, M., Brooks, M., **Williams, C.**, Bailey, D. (2013). Mentoring African American men during their postsecondary and graduate school experiences: Implications for the counseling profession. *Journal of Counseling and Development*, 91(4), 419-427. doi: 10.1002/j.1556-6676.2013.00113.x
- Garrett, M. T., Garrett, J. T., Grayshield, L., **Williams, C. R.**, Portman, T., Torres Rivera, E., Kawulich, B. (2013). Culturally-alert counseling with Native Americans. In G. McAuliffe (Ed.), *Culturally-alert counseling: A comprehensive introduction* (2nd ed.) (pp 185-222). Thousand Oaks, CA: Sage.
- Garrett, M. T., Parrish, M., Williams, C., Grayshield, L., Portman, T. A. A., Torres Rivera, E., & Maynard, E. (2014). Invited commentary: Fostering resilience among Native American youth through therapeutic intervention. *Journal of Youth and Adolescence*, 43(3), 470-490. doi:10.1007/s10964-013-0020-8
- Garrett, M. T., Portman, T. A. A., **Williams, C. R.**, Grayshield, L., Torres Rivera, E., & Parrish, M. (2013). Counseling Native American adults: Where power moves. In E. Chang, & C. Downey (Eds.), *Mental health practice in a multicultural society*. New York, NY: Routledge.
- Garrett, M. T., & **Williams, C. R.** (2013). A life-changing experience: Developmental counseling critical incident. In M. Fawcett, & K. Evans (Eds.), *Workbook for developing multicultural counseling competencies*. Thousand Oaks, CA: Sage.

- Williams, C. R.** (2013). Activity 13 (low risk): “Sizeism is a real word”. In M. Fawcett, & K. Evans (Eds.), *Experiential approach for developing multicultural counseling competence* (170-174). Los Angeles, CA: Sage.
- Garrett, M. T., & **Williams, C. R.** (2013). Sizeism is a real word II. In M. Fawcett, & K. Evans (Eds.), *Workbook for developing multicultural counseling competencies*. Thousand Oaks, CA: Sage.
- Garrett, M. T., Portman, T. A. A., **Williams, C. R.**, Grayshield, L., Torres Rivera, E., & Parrish, M. (2012). Native American adult lifespan perspectives: Where power moves. In E. Chang, & C. Downey (Eds.), *Mental health across racial groups: Lifespan perspectives* (pp. 107-126). New York, NY: Springer.
- Garrett, M., **Williams C.** (2012). Social justice counseling/advocacy work by the macro-level multicultural counselor. In M. Fawcett & K. Evans (Eds.) *Workbook for developing multicultural counseling competencies*. Thousand Oaks, CA: Sage.
- Tate, K. A., **Williams, C.**, & Harden, D. (2013). Finding purpose in pain: Using logotherapy as a method for addressing survivor guilt in first-generation college students. *Journal of College Counseling*, 16(1), 79-92. doi:10.1002/j.2161-1882.2013.00028.x
- Williams, C. R.**, & Garrett, M. T. (2013). Alternate activity 13: “Social justice work by the macro-level multicultural counselor”. In M. Fawcett, & K. Evans (Eds.), *Experiential approach for developing multicultural counseling competence* (171-174). Los Angeles, CA: Sage.
- Williams C.**, Garrett, M. (2013). Alternative activity 3: Social justice counseling/advocacy work by the macro-level/multicultural counselor—“The Frank Parsons project”. In M. Fawcett, & K. Evans (Eds.), *Experiential approach for developing multicultural counseling competence* (90-93). Los Angeles, CA: Sage.
- Garrett, M. T., Brubaker, M. D., Torres Rivera, E., Gregory, D. E., & **Williams, C. R.** (2011). Ayeli: A Native American-based group centering technique for college students. In T. Fitch, & J. Marshall (Eds.), *Group and outreach activity guide for college counselors: Group plans and resources*. (pp. 261-266). Alexandria, VA: American Counseling Association
- Williams, C.**, & Butler, S.K. (2010). A new retention variable: Hope and first generation college students. In G. R. Waltz, J.C. Bleuer, and R. Yep (Eds.), *VISTAS: Ideas and research you can use*. (pp. 73-76). Alexandria, VA: American Counseling Association.
- Williams, C. R.** (2004). A balancing act: respecting student’s cultural differences and student conduct. In L. Flowers (Ed.), *Diversity issues in American colleges and universities: Case studies for higher education and student affairs professionals* (pp. 93-94). Springfield, IL: Charles C. Thomas Publishers.
- Garrett, M. T., Garrett, J. T., Grayshield, L., Portman, T. A. A., Torres Rivera, E., **Williams, C. R.**, Kawulich, B. (2013). Counseling Native Americans. In D. Hays, & B. Erford (Eds.), *Developing multicultural counseling competency: A systems approach* (2nd ed.). Upper Saddle River, NJ: Prentice-Hall.

Publications in Process

- Boyd, A. L., Baum, L.J., & **Williams, C.** (manuscript submitted). MMPI-2-RF profile patterns for survivors of childhood abuse. More severe abuse leads to greater psychological and emotional distress. *Psychological Trauma: Theory, Research, Practice, and Policy*.
- Snyder, V., Underwood, L. A., Keyes, B. B., **Williams, C.**, & Baker, N. (2015). The effects of trauma-informed services in sex trafficking aftercare residential facilities. *Submitted to Journal of Human Trafficking*.
- Underwood, L., Karakosta, O., Merino, C., **Williams, C.**, Todd, S., Williams, E., Fairchild, B., Dailey, F., Crump, Y., Wood, S. (Submitted). The Impact of an Integrated Sex Offender Treatment Program in Reducing

- Underwood, L., Karakosta, O., Merino, C., **Williams, C.**, Todd, S., Williams, E., Fairchild, B., Dailey, F. (Submitted). "Reducing Cognitive Distortions in a Sample of Juvenile Sex Offenders." *The Journal of Addictions & Offender Counseling*.
- Dailey, L.L., Underwood, L.A., Crump, Y., **Williams, C.**, Newmeyer, M., Poole, L, (Submitted). Treatment impact of the Louisiana sex offender treatment program Using the JSOAP-II in secure-care and non-secure care settings. Submitted to the *Journal of Correctional Health Care*.
- Synder, V., Underwood, L. A., Keyes, B. B., **Williams, C.**, & Baker, N. (2015). The effects of trauma-informed services in sex trafficking aftercare residential facilities. Submitted to *Journal of Human Trafficking*.
- Wichterman, A., Underwood, L.A., **Williams, C.**, & Todd, S. (Submitted). Comparing Evidence Based Practice and Home Based Therapies for SED Youth. Submitted to *Journal of Child and Family Studies*.
- Williams, C.**, Nelson, M. (In Progress). The Quarter Life Crisis: Career and Psychological Distress in Young Adulthood.
- Williams, C.**, Mikolon, T. (In Progress). Chemical and Process Addictions. In L. Underwood & F. Daily (Eds). *Counseling Adolescents Competently*. Thousand Oaks, CA: Sage.
- Williams, C.R.**, Tate, K., Reed-Marks, L. (in progress). African American Males, Motivation and persistence in College. *Journal of College Counselors*.
- Garrett, M. T., Curtis, R., Parrish, M. S., Portman, T. A. A., Grayshield, L., **Williams, C. R.**, Reese, R. (in press). Positive psychology practice with Native Americans. In E. Chang, C. Downey, J. Hirsch, & N. Lin (Eds.), *Positive psychology in racial and ethnic minority groups: Theory, research, assessment, and practice*. Washington, DC: American Psychological Association.

CONSULTING/TRAINING AND INVITED SPEAKING ENGAGEMENTS

Williams, C. (2019, January)

Williams, C. (2018, October). Gottman Level 1 Training. Regent University, Virginia Beach VA.

Williams, C. (2019, January). *Multicultural Awareness, Diversity and Cultural Competency: Cross-Cultural Strategies for Effective Engagement with Sex addicts*. International Institute of Trauma and Addictions Professionals (IITAP). (4 hour-Webinar).

Williams, C. (2017, November). Invited Keynote Speaker. The Gottman Way. NOVA Counseling Association Annual Conference. Arlington, VA

Williams, C. (2017, March). Invited Keynote Speaker. 100 Mentors at Uconn. Mentoring Conference. #Mondaymorningmentor: Mentor as muse. Storrs, CT.

Williams, C. (2015, June). Invited Keynote Speaker. Managing Heated Fellowship: The Key to Marriage Longevity. Sacred Roots in Human Soil. Marriage Conference. Virginia Beach, VA.

Williams, C. (2015, June). Workshop Presenter. Re-Remembering: Love and Intimacy. Sacred Roots in Human Soil. Marriage Conference. Virginia Beach, VA.

Williams, C. & Faison, E. (August 2014). Keynote Speaker. Hope + Mentors = Graduation. Coppin State University. Baltimore, MD.

Williams, C. (February, 2014). Cross-Cultural Strategies for Effective African American/Urban Youth Engagement Jacksonville Children's. Jacksonville, FL (February, 2014).

-
- Williams, C.,** Bennis, B. (February, 2014). Music Empowerment: the Epiphany of Hip Hop Santa Fe College. Gainesville, FL.
- Williams, C.** (Summer, 2013). Wrapped In Resiliency: Rap Therapy Research Project. Created and facilitated a five week curriculum based on Rap Therapy to Middle School Students. Bayside Middle School, Virginia Beach, VA.
- Williams, C.** (November 2011). Keynote Speaker. Challenging Times Require Inspiring Solution Connecticut Association of Educational Opportunity Programs. Stanford, CT
- Williams, C., & Lachut, L.** (2011, April). *Research Meets Practice in Student Retention: Strategies and Interventions for Aiding First Generation and Low Income College Students.* Continuing and Professional Education. Regent University. Virginia Beach, VA
- Williams, C., & Carter, A.** (2011, October). *Research Meets Practice in Student Retention: Strategies and Intervention to Aid College Students To and Through College.* Regent University, Virginia Beach, VA

PROFESSIONAL PRESENTATIONS

National Presentations

- Fielder, M., **Williams, C.** (2018). From Gottman to Godman: Counseling Christian Couples Using Gottman Therapy on April 13, 2018, in Norfolk, VA. Sponsored by the Christian Association of Psychological Studies (CAPS).
- Underwood, L.A., Gethard, B. **Williams, C., & Khalif, S.** (2016). The Lived Experience of the Juvenile Sex Offender on March 11, 2016 in Pasadena, CA. Sponsored by the Christian Association of Psychological Studies (CAPS).
- Smith S., Brooks, M., Butler, K., Dempsey K., Lee, C., Locke, D., Vereen, L., **Williams, C.** (2015, March). African American Males in Counselor Education: Courageous Conversations. American Counseling Association, Annual Conference. Orlando, FL
- Williams, C.,** Nelson M. (2015, March). The Quarter Life Crisis: Career and Psychological Distress in Young Adulthood. American Counseling Association. Annual Conference. Orlando, FL
- Merino, C., **Williams, C.** (2015, March). Building Counselor Identity: New Ways To Incorporate Advocacy into Supervision. American Counseling Association (poster). Annual Conference. Orlando, FL
- Williams, C.,** Butler-Shillingford, A., Reid-Marks, L. (2013, March). Developing and Sustaining Multicultural Competencies in the Counseling Profession. American Counseling Association, Annual Conference. Cincinnati, OH
- Williams, C.,** Tate, K. (2012, March). Career Counselors: The missing link in the retention efforts of African American men in college. American Counseling Association, Annual Conference. San Francisco, CA
- Williams, C.** (2011, October). From Social Justice Students to Social Activists: The forgotten Citizens of Virginia Beach, for the 2011 ACES conference. Nashville, TN
- Williams, C.** (2011, October). *Becoming a counselor educator in the new decade: Excelling in The student to scholar transition,* for the 2011 ACES conference. Nashville, TN
- Tate, K. A., & **Williams, C.** (2011, July). *Finding purpose in career: Using Logotherapy in career counseling.* Roundtable session to be presented at the National Career Development Association Conference, San Antonio, TX

- Malone, A., Nardin, J., & **Williams, C.** (2011, March). *We Need You: Helping Civilian Counselors Connect with the Unique Culture of Military Families*. ACA Annual Conference & Exposition Education Session Presenter Guide, New Orleans, LA
- Williams, C.**, Lachut, L., & Ouimet, D. (2009, February). *FYE + SSS = SUCCESS*. The First-Year Experience. Annual Conference. Orlando, FL
- Robinson, S., Indelicato, N., & **Williams, C.** (2007, March). *Enhancing the psychological well-being and academic success of first generation college students*. Our Power and Responsibility to Shape Education. ACPA/NASPA Joint Meeting, Orlando, FL
- Williams, C.** (2003, October). "Student Judicial Affairs: Cultivating a Culture of Ethics and Civility on Campus". Southern Association for College Student Affairs Conference, Myrtle Beach, SC

Regional and State Presentations

- Williams, C.**, Allen, K. (2018). Creative and Cross-Cultural Strategies for Effective African American/Urban Youth Engagement. November 8-10, 2018, Virginia Counseling Association. Norfolk, VA.
- Williams, C.**, Elm, M. (2016, November). Manhood: Masculinity, Millennials and Mental Health. Virginia Counseling Association Annual Conference, Williamsburg, VA
- Underwood, L.A., Crable, A., & **Williams, C.** (2015). Co-presenter on "Clinical and Ethical Issues in the Management of Juvenile Sex Offenders" on September 12, 2015. Sponsored by the Florida Counseling Association. Orlando, FL.
- Williams, C.R., Jones, M.**, (2013, November). Wrapped in Resiliency: A Mental Health and School Counseling Program for Improving Adolescent Behavior. Virginia Counseling Association Annual Conference, Homestead, VA
- Williams, C. R., & Garrett, M. T.** (2012, September). *Developing your multicultural vision through SuperVISION*. Presentation at the annual meeting of the Southern Association for Counselor Education and Supervision, Savannah, GA.
- Williams, C.**, & Khatibi, H. (2012, November). Not your Father's Music Therapy: Rap Therapy and Adolescent Males. Virginia Counseling Association Annual Conference, Fredericksburg, VA
- Williams, C.** (2011, November). Career Counselors: The missing link in the retention efforts of African American men in college Virginia Counseling Association Annual Conference, Portsmouth, VA
- Williams, C.** & Jones, M. (2011, November). For better or for worse: Overcoming the grip of a partner's sexual addiction. Virginia Counseling Association Annual Conference, Portsmouth, VA
- Williams, C.** (2010, October). *Empowering students through small group teaching techniques: Spirituality and Career Counseling*. Southern Association for Counselor Education Annual Conference, Williamsburg, VA
- Williams, C.**, & Meyer, D. (2010, November). *The Resilience Factor! First Generation College Students*. Virginia Counseling Association Annual Conference, Williamsburg, VA
- Williams, C.** (2010, November). *Empowering students through small group teaching techniques: Spirituality and Career Counseling*. Virginia Counseling Association, Williamsburg, VA
- Williams, C.** (2006, November). *First Generation College Students: Identifying and resolving*

their unique intrapersonal conflicts. Successful Counselors = Successful Lives. Florida Counseling Association. Orlando, FL

Williams, C. (2006, September). *First Generation College Students: Resolving their unique Intrapersonal experiences* "SACES 2006: A Magical Experience." Southern Association for Counselor Education and Supervisors, Orlando, FL

Conwill, W., & **Williams, C.** (2006, September). *Intersections of Gender, Race, Class and Nation: Towards Pedagogy for Counselors' Self-Awareness.* "SACES 2006: A Magical Experience." Southern Association for Counselor Education and Supervisors, Orlando, FL

Williams, C. (2005, February). "*Student Judicial Affairs: Cultivating a Culture of Ethics and Civility on Campus*". Association of Student Judicial Affairs International Conference, Clearwater Beach, FL

Williams, C. (2002, October). "*The Devil is in the Details*" *Hearing Sexual Assault Judicial Cases.* Southern Association for College Student Affairs Conference, Biloxi, MS.

GRANT ACTIVITY

Williams, C. (2011). Principle Investigator and Project Director, "Strengthening Families". Virginia Foundation for Healthy Youth amount \$108,000 (not funded).

Williams, C. (2010). Principle Investigator, "A Transformational Experience: Homeless not Helpless, Social Justice and Homelessness." Regent University faculty research grant, amount \$1,600 (**Funded for \$800**).

Williams, C. (2010). Principle Investigator, "A Transformational Experience: Homeless not Helpless, Social Justice and Homelessness. Southern Association for Supervision in Counseling. SACES research grant, amount \$500 (not funded).

Williams, C. (2008). Principle Investigator, "Uncovering the Strengths of First Generation College Student." American College Counseling Association (ACCA), Amount: \$5,000 (not funded).

HIGHER EDUCATION ADMINISTRATION EXPERIENCE

Assistant Dean and Director for Student Judicial Affairs, 2001-2005

Dean of Students Office, University of Florida, Gainesville, FL

Residence Hall Director, 2000-2001

Department of Housing, University of Florida, Gainesville, FL

Associate Director, 1999-2000

Ronald E. McNair Scholars Program, University of Florida, Gainesville, FL

Counselor, 1995-1999

Student Support Services, University of Connecticut, Storrs, CT

Assessment Test Administrator, 1990 - 1995

College Learning Center, Manchester Community-Technical College, Manchester, CT

CLINICAL EXPERIENCE

Owner and Therapist, 2014-Present

Impact Counseling, Coaching and Consulting Services LLC, Virginia Beach, VA

Clinical Supervisor, May 2015-Present

Corner Stone Child and Family LLC, Virginia Beach, VA

Clinical Supervisor, 2014-2015

James Bentley Treatment Program, Portsmouth, VA

Lead Forensic Specialist, 2009-2010

Meridian Behavioral Healthcare Inc., Gainesville, FL

Addictions Counselor, 2005-2008

Corner Drug Store, Gainesville, FL

Counseling Specialist (Intern) May 2007-January 2008

Santa Fe Community College Counseling Center, Gainesville, FL

Instructor/Co-Facilitator Abusive Men's Group, 1994 -1997

The Non-Violence Alliance, Middletown, CT

Substance Abuse Counselor (Intern), 1994

Hartford Dispensary, Methadone Maintenance Program, New London, CT

SPECIAL PROJECTS

Williams, C. (2016, Oct 19). These therapists specialize in the unique mental problems of Millennials.

Market Watch. Retrieved from <http://www.marketwatch.com/story/these-days-millennial-therapists-need-some-counseling-themselves-2016-09-30>

Williams, C. (2016). The Quarter-Life Crisis: Taking seriously the needs of Millennials with Cyrus Williams.

The Thoughtful Counselor Podcast. Podcast retrieved from <http://thethoughtfulcounselor.com/2016/09/the-quarter-life-crisis-taking-seriously-the-needs-of-millennials-with-cyrus-williams/>

Williams, C. "A Pink Slip Away From Homelessness in the Beach." [Guest Writer]. *The Virginian-Pilot*, 21 March 2011, p.12.

Williams, C. "First Generation College Students Face Unique Challenges on Campus and Off." *The Hartford Courant*, 18 September 2010, p. A 22

Wrapped In Resiliency: Rap Therapy Research Project, Bayside Middle School, Virginia Beach, Virginia Summer, 2013 Created and facilitated a five week curriculum based on Rap Therapy to Middle School Students.

Interviewed by Lynn Shallcross. (2016, April). Validating the quarter-life crisis. *Counseling Today*.

Retrieved from <https://ct.counseling.org/2016/04/validating-the-quarter-life-crisis/>

Calling all Counselors: Social Justice/Lobbying Project

February, 2011 Joint effort with Chi Sigma Iota, Alpha Omega Lambda Chapter.

Organized and led a team of faculty and students to lobby Virginia Senators, and Congressmen in Washington D.C. regarding homelessness in Virginia Beach, VA.

HONORS AND AWARDS

Faculty Advisor--Outstanding Chapter of the Year, CSI, International Counseling Honor Society, Alpha Omega Lambda Chapter, Regent University **2016**

Awarded Alumni Fellowship, University of Florida, **Fall 2005**

Minority Education Scholarship Recipient, University of Florida, **Fall 2005**

ACA Foundation Scholarship, 2005

Superior Accomplishment Award, University of Florida Student Affairs, **Fall 2005**

Outstanding Service to Student Affairs Award, 2004

NASPA Mid-Managers Institute Duke University, Summer 2003

Higher Education Center for Alcohol and Other Drug Prevention Training Institute, 2003

Donald Gehring Campus Judicial Affairs Training Institute, Summer 2002

PROFESSIONAL MEMBERSHIPS

Current Affiliations

Virginia Counseling Association (VCA)

Southern Association for Counselor Education and Supervision (SACES)

National Career Development Association (NCDA)

Virginia Association for Counselor Education and Supervision (VACES)

American Counseling Association (ACA)

Association of Multicultural Counseling and Development (AMCD)

Counselors for Social Justice (CSJ)

American College Counselors Association (ACCA)

Association for Counselor Education and Supervision (ACES)

National Board of Certified Counselors (NBCC)

Christian Association for Psychological Studies (CAPS)

Past Affiliations

Florida Counseling Association (FCA)

National Association of Student Personnel Administrators (NASPA)

American College Professionals Association (ACPA)

Association for Student Judicial Affairs (ASJA)

Southern Association for College Student Affairs (SACSA)

SERVICE

Service to the Profession

Reviewer, Journal of Employment Counseling (JOEC), **2017-Present**

President, Virginia Association of Counselor Education and Supervision, Division of Virginia Counseling Association. **2013-2015**

Faculty Advisor, CSI, International Counseling Honor Society, Alpha Omega Lambda Chapter, Regent University. **2016 Outstanding Chapter of the Year**

2012-Present

Member, Community Advisory Board, Bayside Middle School, Virginia Beach VA, **2013-Present**

Reviewer, Graduate Student Grants, Virginia Association for Counselor Education and Supervision, **2012-2013**

Co-Chair Awards Committee, Association for Multicultural Counseling and Development, **2011-2012**

Member, Research Committee, National Career Development Association, **2011**

Service to the University

Faculty Advisor, CSI, International Counseling Honor Society, Alpha Omega Lambda Chapter, Regent University, **2016 Outstanding Chapter of the Year, 2012-2018**

School of Psychology and Counseling Representative, Faculty Senate Oct. 2013-Present

Ad Hoc Reviewer, *Faith and Therapy*. An E-Zine, Regent University, 2011-2012

Member, Continuing Education Committee, Regent University 2011 – 2013

Member, Clinical Training Committee, Regent University January 2011 - Present

Service to the Community

Keynote Speaker, Out of the Darkness, Suicide Walk, Suffolk, VA. September 22, 2018.

Board Member, PIN (People in Need) Ministry, Virginia Beach, VA, 2014-Present

Speaker, Couples Ministry, New Life Providence Church, Love and Marriage June, 2016

Presentation, Men's Breakfast, New Life Providence Church, Manhood: It's Complicated , June, 2016

Key Note Speaker/Presenter, Sacred Roots in Human Soil, Marriage Conference, June 2015

Presentation, Men's Fellowship, Emmanuel Episcopal Church, Homelessness in Virginia Beach, March 2011

Member, Ocean Front Homeless Coalition, Virginia Beach, VA

Volunteer, People in Need (PIN) Homeless Ministry, Virginia Beach, VA, January 2011 – Present

Mentor and Presenter, Renaissance Academy Middle and High School, Virginia Beach, VA, 2011 – Present

Sunday School Teacher, New Life Providence Church, Virginia Beach, VA, January 2010 – Present

Founder and Coordinator, Homeless Food and Clothing Ministry, Greater Bethel AME Church, Gainesville, FL
April 2008- December 2010

Volunteer Counselor, The Reichert House: An After School Program for Young Men, Gainesville, FL
January 2008- December 2009

Classroom Volunteer, Lake Forest Elementary School, Gainesville, FL
September 2005- May 2006

Volunteer and Presenter, College Goal Sunday, Santa Fe Community College, Gainesville, FL
Spring 2005, Fall 2005, Spring 2006

REFERENCES

Dr. Jacqueline R. Smith, LPC
Professor, Department Chair and MA Counseling Programs Director
1000 Regent University Dr. CRB 212
Virginia Beach, Virginia 23464
757-352-4499
jrsmith@regent.edu

Lee Underwood, Ph.D.
Professor
Regent University
1000 Regent University Dr. CRB 188
Virginia Beach, Virginia 23464
757-352-4292
leeunde@regent.edu

S. Kent Butler, Ph.D.
Professor
University of Central Florida
College of Education
Department of Educational and Human Sciences
Counselor Education
P. O. Box 161250
Orlando, Florida 32816-1250
407-823-2401
skbutler@ucf.edu