

**Jasmine Knight, Ph.D., NCC**  
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## EDUCATION

**Ph.D. in Counselor Education and Supervision, May, 2010**

*Old Dominion University, Norfolk, Virginia*

Dissertation: *A phenomenological exploration of school counselors' conceptualizations and implementation of multicultural competence.*

(CACREP Accredited)

**M.S.Ed., Counseling, School Counseling emphasis, May, 2003**

*Old Dominion University, Norfolk, Virginia*

(CACREP Accredited)

**B.S., Psychology, May, 2001**

*Old Dominion University, Norfolk, Virginia*

Cum Laude, Dean's List, African American Achievement Award

## LICENSURE/CERTIFICATION

Licensed School Counselor PreK-12 – Virginia (PPS-0600714)

Nationally Certified Counselor (#83831)

## PROFESSIONAL EXPERIENCE

### *University Teaching and Supervision*

Program Director of Counselor Education and Supervision Program  
Regent University, Virginia Beach, VA

July 2021- Present

Assistant Professor, Counseling,  
Regent University, Virginia Beach, VA

Aug. 2015- Present

Courses include:

- COUN 523 Practicum and Advanced Skills (Online)
- COUN 545 Concepts of Family Systems (Online)
- COUN 594 Internship in School Counseling (Online)

- COUN 516 Principles of School Counseling (Online)
- COUN 517 Research and Statistics
- COUN 536 Career and Lifestyle Development (Hybrid)
- COUN 561 Ethics in Counseling (Online)
- COUN 500 Orientation to Counseling
- COUN 519 School Counseling Program Development (online)
- HSC 546 Child and Adolescent Counseling (online)
- GENE 100 Making of the Christian Mind (Online)
- CES 670 Quantitative Methods (Online)
- CES 740 Identity Formation (Online)

Assistant Professor, Counseling,  
Roosevelt University, Chicago, IL

Aug. 2010- Aug. 2015

Courses include:

- CHS 406 Research Methods and Statistics
- CHS 414 Introduction to School Counseling, School Environments, and Consultation
- CHS 416 Human Appraisal
- CHS 417 Career and Lifestyle Development
- CHS 417 Career and Lifestyle Development (Online)
- CHS 418 School Counseling Program Development
- CHS 421 Theories and Dynamics of Group Counseling
- CHS 422 Substance Abuse Counseling
- CHS 425 Integrating the Expressive Arts into Counseling
- CHS 427 Practicum in Counseling
- CHS 464 Counseling Children and Adolescents
- CHS 464 Counseling Children and Adolescents (Online)
- CHS 498 Internship in School Counseling

Co-Instructor, Counselor Education, Old Dominion University  
COUN 679 - School Counseling Program Development K-12 (Masters Level)

Jan. 2009

Teaching Practicum, Counselor Education, Old Dominion University  
COUN 648 - Foundations of Career Development (Masters Level)

June 2008

Co-Instructor, Counselor Education, Old Dominion University  
COUN 648 - Foundations of Career Development (Masters Level)

Sept. 2008

Supervisor, Counselor Education, Old Dominion University  
Individual and Group Supervision of masters students' internships and practicum experiences in school counseling, mental health counseling, and community agency counseling

Sept. 2007

Site Supervisor, McIntosh Elementary, Newport News, VA  
Supervise school counseling interns from College of William and Mary  
(3), Norfolk State University (1), and Hampton University (1)

Jan. 2005- May 2010

Co-Instructor, Advising Services, Old Dominion University

Aug. 2000-May 2001

Teaching University Orientation and Career Development Orientation  
(Undergraduate)  
***School Counseling***

School Counselor, McIntosh Elementary School, Newport News, VA Aug. 2003 – June 2010

School Counseling Intern, Ruffner Middle School, Norfolk, VA Mar. 2003 – May 2003

School Counseling Intern, Ingleside Elementary School, Norfolk, VA Jan. 2003 – Mar. 2003

*Highlights of Experiences:*

- Counseled students individually, in small groups, and in the classroom
- Advocated for the personal/social, career development, and academic success of all students
- Promoted access, equity and social justice
- Consulted with parents, teachers, and administrators on student needs
- Coordinated volunteer program to improve parental involvement in the school
- Collaborated with school administrators to promote school improvement
- Collaborated with community business partners
- Referred families and students to appropriate community resources
- Served on the PTA Board, Lead Team, and School Improvement Team, Crisis Team

***Related Experience***

LADDERS Advisor, College of Science Aug. 2002-Dec. 2002  
Old Dominion University, Norfolk, VA

- Counseled Students on academic probation or within the suspension zone on school success skills and personal development issues to help them raise their GPA's
- Facilitated an academic success group to promote successful study habits
- Developed and implemented behavioral change plans for students experiencing academic failure; resulted in 30% of students counseled getting off probation

Graduate Assistant, Counseling Department Jan. 2002-May 2003  
Old Dominion University, Norfolk, VA

- Designed and developed web pages for two TELETECHNET courses and a summer institute
- Coordinated Community College Leadership Summer Institute
- Corresponded with 300+ students across the country

Residential Counselor, Pines Residential Treatment Facility May 2001 – Dec. 2001  
Portsmouth, VA

- Served as a positive role model for residents to learn healthy and appropriate behaviors
- Assisted in the care and treatment of adolescents with behavioral difficulties
- Facilitated Thought Change Community and Social Skills training groups
- Charted on the progress of individual residents to observe treatment effectiveness
- Provided one-one care, crisis-intervention, and counseling

### REFEERED PUBLICATIONS

- Kent, V., Runyan, H., Savinsky, D., & **Knight, J.** (2020). Mentoring doctoral student mothers in counselor education: A phenomenological study. *Professional Counselor, 10*(4), 532-547. doi:10.15241/vk.10.4.532
- Randall Reyes, J. E., Savinsky, D. M., Underwood, L. A., & **Knight, J. L.** (2019). The lived experience of mental health providers in wilderness therapy programs. *Journal of Therapeutic Schools and Programs, 11*(1), 120-136.
- Walley, C., & **Knight, J.L.** (2018). The Road less traveled: School counselors' role in helping undocumented students move beyond college enrollment. *Journal of School Counseling, 16*(26). <http://www.jsc.montana.edu/articles/v16n26.pdf>
- Knight, J.** (2015). Preparing elementary school counselors to promote career development: Recommendations for school counselor education programs. *Journal of Career Development, 42*(2), 75-85. doi: 10.1177/0894845314533745
- Grothaus, T., Lorrell, S., Anderson, K., & **Knight, J.** (2011). Answering the call: Facilitating responsive services for students experiencing homelessness. *Professional School Counseling, 14*(3), 191-201.
- Hays, D. G., Craigen, L. M., **Knight, J.**, Healey, A. & Sikes, A. (2009). Duty to warn and protect against self-destructive behaviors and interpersonal violence. *Journal of School Counseling, 7*(11), 1-30.

### BOOK CHAPTERS

- Knight, J.L.**, & Runyan, H (in press). Career development in elementary and middle school. In C.R. Williams, & T. Hourihan (Eds.), *Career, Lifestyle, and Spiritual Development: Work, Purpose, Calling and God* (2<sup>nd</sup> ed.). San Diego, CA: Cognella Academic Publishing.
- Runyan, H., & **Knight, J.L.** (in press). Counseling individuals with disabilities. In C.R. Williams, & T. Hourihan (Eds.), *Career, Lifestyle, and Spiritual Development: Work, Purpose, Calling and God* (2<sup>nd</sup> ed.). San Diego, CA: Cognella Academic Publishing.
- Knight, J.L.**, & Runyan, H (2018). Career development in elementary and middle school. In C.R. Williams, & T. Hourihan (Eds.), *Career, Lifestyle, and Spiritual Development: Work, Purpose, Calling and* (pp. 161-180). San Diego, CA: Cognella Academic Publishing.

Runyan, H., & **Knight, J.L.** (2018). Counseling individuals with disabilities. In C.R. Williams, & T. Hourihan (Eds.), *Career, Lifestyle, and Spiritual Development: Work, Purpose, Calling and* (pp. 161-180). San Diego, CA: Cognella Academic Publishing.

Hays, D.G., Craigen, L. M., **Knight, J.**, Healey, A., & Sikes, A. (2010). Duty to warn and protect against self-destructive behaviors and interpersonal violence. In M. A. Hermann, T. P. Remley, Jr., & W. C. Huey, *Ethical and legal issues in school counseling* (3<sup>rd</sup> ed., pp. 193-210). Alexandria, VA: American School Counselor Association.

### **OTHER PUBLICATIONS**

Knight, J. (2009, Summer). Balancing acts: Tips for juggling full-time work with doctoral study in counseling. *SACES Newsletter*, 2(5). Southern Association for Counselor Education and Supervision.

Knight, J. (2009, Spring). Student scholarship recipients respond to fall conference. *MAGPS News*, 17(1). Mid-Atlantic Group Psychotherapy Society.

### **RESEARCH PROJECTS**

Knight, J., Runyan, H., Thompson, M., Daniels, E., & Buquo, M. (In progress). *Teaching online: Shared experiences of school counselor educators.*

Knight, J. & Runyan, H. (In progress). *School counseling and Christianity: A content review.*

Knight, J. & Richeson, B. *Elementary school counselors' career development practices.*

Knight, J. & Lavigne, A. *Exploring future teachers and school counselors' beliefs about college/career readiness and student motivation: A qualitative study*

Knight, J. (Dissertation). *A phenomenological exploration of school counselors' conceptualizations and implementation of multicultural competence.*

### **RESEARCH INTEREST**

College and Career Readiness, School Counselor Preparation, School counselor advocacy, and Multicultural competence and school counselors

**PEER-REVIEWED PRESENTATIONS**

- Kaczmarczyk, K, Lynch, M., & **Knight, J.** (2021, November). Adolescents experiencing poverty and the impacts on the developing brain: Strategies for middle and high school counselors.
- Thompson, M, Vaughn, J., Daniels, E., Schuster, L, **Knight, J.**, & Runyan, H. (2021, October). My role, my responsibilities, my purpose: The need for post-graduate school counseling clinical supervision. Presented at the Association for Counselor Educators and Supervisors Conference, Atlanta, GA.
- Smith, J., **Knight, J.L.**, & Williams, C. (2019, October). *What's my line? Managing the boundary between Professor and Clinician.* Presented at the Association for Counselor Educators and Supervisors Conference, Seattle, WA.
- Knight, J., & Richeson, B. (2018, October). *College and career readiness: The elementary perspective.* Presented at the Southern Association for Counselor Educators and Supervisors Conference, Myrtle Beach, SC.
- Richeson, B., & **Knight, J.** (2017, December). *Oh, the places you'll go! Getting college and career ready in elementary school.* Presented at the Virginia College Access Network conference, Hampton, VA.
- Richeson, B., & **Knight, J.** (2017, October). *Virginia elementary school counselors and college and career readiness.* Presented at the Virginia School Counseling Association, Blacksburg, VA.
- Walley, C.T., **Knight, J.**, Smith, J.R., & Edwards, C. (2017, October). *Navigating through the first years for minority faculty in counselor education.* Presented at the Association for Counselor Education and Supervision Conference, Chicago, IL.
- John, J., **Knight, J.**, & Runyan, H. (2017, July). *Understanding child and adolescent spiritual and religious development in the school setting.* Presented at the ASERVIC annual conference, Richmond, VA.
- Knight, J., & Richeson, B. (2016, October). *Not your Grandmas Career Day: Innovative and creative career day ideas.* Virginia School Counseling Association, Hampton, VA.
- Knight, J. & Walley, C. (2016, October). *At a Distance: Teaching School Counseling Courses Online.* Southern Association for Counselor Education and Supervision Conference, New Orleans, LA.
- Knight, J. & Walley, C. (2016, October). *Preparing School Counselors to Promote College Success with Undocumented Students.* Southern Association for Counselor Education and Supervision Conference, New Orleans, LA.

- Walley, C., & **Knight, J.** (2016, March). *The Road Less Traveled: Helping Undocumented Students Move Beyond College Enrollment*. United Federation of Teacher's Guidance Counseling Conference, New York City, NY.
- Walley, C., **Knight, J.**, Vixama, A. (2015, November). *Realizing College Success: Helping Undocumented Students Move Beyond College Enrollment*. New York School Counseling Association, Bolton Landing, NY.
- Knight, J. (2013, October). *Data-Driven: Training School Counseling Students to use Data to Promote Equity and Access*. Association of Counselor Education and Supervision, Denver, CO.
- Peterson, K.A., Frank, D.A., & **Knight, J.** (2013, October). *Encouraging factors that facilitate post-traumatic growth*. Association of Counselor Education and Supervision, Denver, CO.
- Knight, J. & Wiley, L. (2012, April). *The career connection: Implementing career development in elementary school*. Illinois School Counselors Association Conference, Chicago, IL.
- Knight, J. (2011, October). *School counselors and multicultural competence: A Phenomenological exploration of practicing school counselors' implementation of multicultural competence*. Association of Counselor Educators and Supervisors, Nashville, TN.
- Knight, J. & Peterson, K. (2011, October). *Supervising school counselors*. Association of Counselor Educators and Supervisors, Nashville, TN.
- Knight, J. (2011, February). *Promoting the success of all students: School counselors and multicultural competence*. Illinois School Counselors Association Conference, Chicago, IL.
- Knight, J. (2011, February). *Sugar and spice and something not nice: Methods for addressing relational aggression in girls*. Illinois School Counselors Association Conference, Chicago, IL.
- Knight, J. (2010, March). *School Counselors and Multicultural Competence*. Virginia School Counselors Association Conference, Richmond, VA.
- Knight, J., & Dabbs, A. (2010, March). *Relational Aggression: The Hidden Evil*. Virginia School Counselors Association Conference, Richmond, VA.
- Thompson, S., Grothaus, T., **Knight, J.**, Richeson, B. Lorell, S., & Jensen, P. (2009, November). *Stacking the deck: A tool kit to help build coping, relational, and school success skills in children and youth*. Virginia Counselors Association, Williamsburg, VA.

- Cole, R.F., Coles, C., & **Knight, J.** (2009, November). *African American families: Implications for school counselors and educators*. Virginia Counselors Association, Williamsburg, VA.
- Remley, T., **Knight, J.**, McBride, R., & Neuer, A. (2009, October). *Are counselor educators over-zealous in their role as gatekeepers for the profession?* Poster presented at the Association for Counselor Educator and Supervisors Conference, San Diego, California.
- Knight, J., & Dabbs, A. (2009, April). *Sugar and spice and something not nice: Methods for addressing relational aggression in girls*. Virginia School Counselors Association Conference, Newport News, VA.
- Knight, J., Meister, A., & Richeson, B. (2009, April). *Career Day Every day*. Virginia School Counselors Association Conference, Newport News, VA.
- Hays, D., Byrd, R., Emelianchik, K., **Knight, J.**, Forman, J., Healey, A., & Sikes, A. (2009, March). *Advocacy through assessment: Dating violence and self-injury among adolescent females*. American Counseling Association Conference, Charlotte, North Carolina.
- Knight, J., & Dabbs, A. (2008, November). *Sugar and spice and something not nice: Methods for addressing relational aggression in girls*. Virginia Counseling Association Conference, Roanoke, VA.
- Hermann, M., Remley, T., **Knight, J.**, Healey, A., & Kelly, B. (2008, October). *Gate keeping: What the literature and the courts tell us*. Paper presented at the Southern Association for Counselor Education and Supervision Conference, Houston, Texas.
- Hays, D., Byrd, R., Emelianchik, K., **Knight, J.**, Healey, A., Sikes, A., & Walley, C. (2008, October). *Self-destructive behaviors and interpersonal violence: Ethical and legal concerns*. Paper presented at the Southern Association for Counselor Education and Supervision Conference, Houston, Texas.
- Sikes, A. & **Knight, J.** (2008, April). *Book it! School counselors and the use of children's literature*. Virginia School Counselor Association Conference, Newport News, Virginia.
- Sikes, A. & **Knight, J.** (2008, February). *Book it! School counselors and the use of children's literature*. Virginia Association for Counselor Education and Supervision Graduate Student Conference, Roanoke, Virginia.

### GRANTS RECEIVED

- Knight, J., May 2014. Transformational Service-Learning Grant awarded by the Mansfield Institute. *Service-Learning Experience*. \$675.



Knight, J., Murchison, T., & Constant C., January 2007. Parental Involvement Mini- Grant.  
*Black History Fun Night*. \$200.

### **INVITED PRESENTATIONS OR CONSULTATIONS**

Knight, J. (2019, November). *Science behind great teams*. Presented at the Enrollment Services Retreat, Regent University, Virginia Beach, Va.

Knight, J. (2012, August). *Implementing career development at the elementary level*. Presented at the Chicago Public School's Summer Counselor Institute, Chicago, IL.

Knight, J., & Texidor, M. (2007, May). *Working with Children with Special Needs*. Presented for The Planning Council, Norfolk, VA.

Knight, J., & Constant, C. (2007, February). *Building good character in your child*. Presented for to the Family University Network, Newport News Public Schools, VA.

Knight, J., & Constant, C. (2006, November). *Building self-esteem in children*. Presented for to the Family University Network, Newport News Public Schools, VA.

Knight, J. (2006, September). *Building self-esteem in children*. Presented for The Planning Council, Norfolk, VA.

Knight, J. (2006, March). *How do I relate and share professionally*. Presented for The Planning Council, Norfolk, VA.

Knight, J. (2006, January). *Facilitating collaborations among children*. Presented for The Planning Council, Norfolk, VA.

Knight, J. (2004, June). *Building self-esteem in children*. Presented for The Planning Council, Norfolk, VA.

Knight, J. (2004, December). *Communicating effectively with parents*. Presented for The Planning Council, Norfolk, VA.

### **AWARDS, CERTIFICATIONS, AND SCHOLARSHIPS**

Contribution to School Counseling Award, Chicago Public Schools (2014)

Mid-Atlantic Group Psychotherapy Conference Scholarship (fall, 2008)

*Ross Trust Scholarship Award* Nominee (2009). American Counseling Association

## **PROFESSIONAL AFFILIATIONS**

American Counseling Association

Association for Counselor Education and Supervision

American School Counselor Association

Virginia School Counseling Association

Virginia Counseling Association

Virginia Association of Counselor Educators and Supervisors

## **PROFESSIONAL AND UNIVERISTY SERVICE**

Sept. 2020-Present	<i>Chair</i> , Faculty Search Committee, School of Psychology and Counseling, Regent University
Aug. 2019-Present	<i>Treasurer</i> , Board, Virginia Association of Counselor Educators and Supervisors
Aug. 2015-Present	<i>Member</i> , Clinical Team, School of Psychology and Counseling, Regent University
July 2016- July 2021	<i>CACREP Liaison and Assessment Coordinator</i> , School of Psychology and Counseling, Regent University
July 2017-July 2018	<i>Region 2 Representative</i> , Executive Board, Virginia School Counselor Association
Sept. 2016-July 2017	<i>Parliamentarian</i> , Executive Board, Virginia Counseling Association
Sept. 2016-July 2018	<i>Member</i> , Faculty Search Committee, School of Psychology and Counseling, Regent University
Aug. 2015-July 2016	<i>Assistant Clinical Coordinator</i> , School of Psychology and Counseling, Regent University
Aug. 2014-August 2015	<i>Faculty Advisor</i> , Roosevelt Counseling Association, Roosevelt University

Aug. 2014- August 2015	<i>Consultant</i> , Continuous Improvement Committee/New Deal Teacher Academy, Roosevelt University
Aug. 2013- August 2015	<i>Consultant</i> , CCT Grant & Elementary Education Redesign Committee, Roosevelt University
May 2013- August 2015	<i>Co-Chair</i> , Chicago Public Schools and Counselor Educator Collaborative, Roosevelt University
Aug. 2012-August 2015	<i>Senate Representative</i> , Roosevelt University
Aug. 2012-Dec. 2012	<i>Assessment Consultant</i> , Chicago Public School's Peer Health Education Program, Chicago Public Schools
Aug. 2012-Jun. 2013	<i>Chair</i> , Web Events/ Resources Task Force, Illinois Counseling Association
Aug. 2012-Aug. 2013	<i>Co-Chair</i> , Student Services Committee, Roosevelt University
Aug. 2012-Aug. 2014	<i>Assessment Coordinator Liaison</i> , Counseling and Human Services Program, Roosevelt University
Jun. 2012-Jun. 2013	<i>Fellow</i> , National MetLife School Counselor Education Coalition, The Education Trust: National Center for Transforming School Counseling
Aug. 2011-Nov. 2011	<i>Member</i> , Assessment Coordinator Search Committee, Roosevelt University
Aug. 2010-July 2015	<i>Member</i> , Chicago Public Schools and Counselor Educator Collaborative, Roosevelt University
Aug. 2010-Aug. 2012	<i>Member</i> , Community Partnership Committee, Roosevelt University
Aug. 2010-May 2011	<i>Faculty Co-Advisor</i> , Roosevelt Counseling Association, Roosevelt University
Jun. 2009-Jun. 2010	<i>Chair</i> , Multicultural & Diversity Committee, Chi Sigma Iota Chapter, Old Dominion University
Feb. 2009-May 2010	<i>Counseling Consultant</i> , Career Development, Marine Tech Grant, Old Dominion University
April, 2008-Jun. 2010	<i>Member</i> , Career Speaker/Career Fair Bureau, Newport News Public Schools, Virginia

- Aug. 2008-Dec. 2008      *Doctoral Level Student Mentor*, Old Dominion University
- Sept. 2007-May 2008      *Member*, Career Pathways Implementation Team, Newport News Public Schools, Virginia
- Sept. 2004-June 2007      *Connections Advocate*, Newport News Public Schools, Virginia
- May 2000-May 2001      *Vice-President*, Association of Psychology Students, Old Dominion University
- Aug. 1999-May 2001      *Member*, Psi Chi, Psychology National Honor Society, Old Dominion University