

Ashley Jamison, PhD, LPC-S (VA and LA)
School of Psychology and Counseling, Regent University
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EDUCATION

Doctor of Philosophy (PhD) – Counselor Education and Supervision	2019
New Orleans Baptist Theological Seminary <i>New Orleans, Louisiana</i>	
Master of Theology (ThM) – Psychology and Counseling	2017
New Orleans Baptist Theological Seminary <i>New Orleans, Louisiana</i>	
Master of Arts – Marriage and Family Counseling	2012
New Orleans Baptist Theological Seminary <i>New Orleans, Louisiana</i>	
Bachelor of Business Administration	2007
Focus in Economics Minor in Spanish Cameron University <i>Lawton, Oklahoma</i>	

CERTIFICATIONS AND LICENSURE

Licensed Professional Counselor (LPC)	
Louisiana License #5508	2015
Louisiana Board Approved Supervisor (LPC-S)	2018
Virginia License #0701009491	2020
Virginia Board Approved Supervisor (LPC-S)	2020
Licensed Addiction Counselor (LAC)	
Louisiana License #1521 (inactive)	2015

COUNSELING EXPERIENCE

Owner and Counselor	2023-present
Solutions Now Therapy This online practice provides Single-Session Therapy (or One-At-A-Time Therapy) to adults in Virginia and Louisiana.	

- Member Care Consultant** 2019-2023
International Mission Board, Rockville, VA
Facilitated care and assessed missionaries receiving counseling for readiness to return overseas. Consulted with counselors and made treatment recommendations. Developed and presented mental health-related training materials. Developed tracking tools to assess trends and better respond to needs. Provided consultation to field member care and others within the organization. Responded to crisis mental health situations as needed. Member of the Crisis Action Team which oversees crisis response for the organization.
- Counselor and Clinical Supervisor** 2013-2019
Leeke Magee Christian Counseling Center, New Orleans, LA
Counseled students and families. Provided individual and group supervision to counseling students in practicum and internship. Developed a grading system for the program's practicum and internship. Assisted the director with CACREP accreditation tasks.
- Licensed Professional Counselor** 2017-2018
Restoration Counseling, New Orleans, LA
Counseled individual adults and adolescents, couples, and families with a variety of presenting problems.
- Assertive Community Treatment Team Leader** 2015-2016
Resources for Human Development, Harvey, LA
Provided mental health services to individuals with severe mental illnesses. Supervised a multidisciplinary team, tracked and reported services provided and trends, and lead the quality improvement process. Assured that services and documentation met the requirements for CARF accreditation.
- Counselor Supervisor** 2013-2015
Behavioral Health Group, New Orleans, LA
Provided substance abuse counseling to individuals with opioid dependence, provided supervision and support to counseling team in a multidisciplinary treatment facility, and assured that services and documentation met federal guidelines and JCAHO accreditation requirements.
- Counselor Intern (Resident)** 2012-2013
The Gathering Counseling, Arabi, LA
Provided counseling to adults, adolescents, children, and families in an office setting, and provided counseling to juvenile detainees in a juvenile detention center. Provided training and support to student interns.

Student Counseling Intern 2011-2012
Restoration Counseling, New Orleans, LA
Provided counseling to individuals, couples, and families.

TEACHING EXPERIENCE

Assistant Professor 2023-present
Regent University, Virginia Beach, VA
Teach counseling courses in the psychology and counseling program.

Co-instructor Spring 2018
New Orleans Baptist Theological Seminary
Course: Addictions Counseling with Jeff Nave, PhD

Adjunct Faculty 2016-2019
New Orleans Baptist Theological Seminary
Courses: Individual Supervision, Group Supervision

Teaching Assistant 2016-2017
New Orleans Baptist Theological Seminary
Courses: Addiction Counseling, Appraisal of Individuals

Adjunct Instructor Fall 2012
Nunez Community College, Chalmette, LA
Course: Introduction to Psychology

LECTURES & PROFESSIONAL PRESENTATIONS

PRESENTATION: "Trauma Considerations for Member Care." Global Member Care Leadership Meeting, Rockville, VA, December 9, 2022

PRESENTATION: "Marriage: How Attachment Helps Us Understand Each Other Better." Faithfully Forward, Orlando, FL, July 27, 2022

PRESENTATION: "Anxiety and Stress: How to Deal With it in Healthy Ways." Faithfully Forward, Orlando, FL, July 25, 2022

PRESENTATION: "Dealing with Stress and Transition: Considerations for Missionaries and TCKs." IMB Field Personnel Orientation, Rockville, VA, January 26, 2022

PRESENTATION: "Trauma: What Happened to Them?" Global Member Care Leadership Meeting, Rockville, VA, December 15, 2021

PRESENTATION: Co-presented with Rikki Permenter, “Treating the Invisible Trauma of Childhood Emotional Neglect.” American Association of Christian Counselors World Conference, Orlando, FL, September 18, 2021

PRESENTATION: “Dealing with Stress and Transition.” IMB Field Personnel Orientation, Rockville, VA, August 20, 2021

PRESENTATION: “Motivational Interviewing.” Global Member Care Meeting, Rockville, VA, December 18, 2019

PRESENTATION: “Depression and Anxiety: Help Yourself and Help Others.” IMB Stateside Assignment Conference, Rockville, VA, July 10, 2019

PRESENTATION: “Writing Progress Notes.” Leeke Magee Christian Counseling Center Food for Thought Luncheon, New Orleans, LA, September 10, 2018

PRESENTATION: Co-presented with Amy Morgan, “Surviving Trauma: Care for the Client and the Caregiver.” New Orleans Baptist Theological Seminary Christian Counseling Conference, New Orleans, LA, November 3, 2017

GUEST LECTURE: “Medically Assisted Addiction Treatment.” Chemical Dependency, New Orleans Baptist Theological Seminary, April 19, 2016

TRAININGS

Crisis Response – Supporting Children After Disaster	2022
Trust-Based Relational Intervention (TBRI)	2019
Leslie Vernick: Emotional Abuse	2018
Gottman Training Level 1 and 2	2016
LOCUS Training	2015
EMDR Basic Training I and II	2014
Prepare/Enrich Training	2011

PUBLICATIONS

Jamison, A.R. (2019). *The impact of views of suffering on trauma and emotion regulation*. (Doctoral Dissertation). Available from ProQuest Dissertations and Theses database. (Order No. 27663617).

Jamison, A.R. (2018). Walking with Clients Through Suffering. *Transformation*, 11(2).

CONFERENCES ATTENDED

American Association of Christian Counselors World Conference	2021
New Orleans Baptist Theological Seminary Christian Counseling Conference	2018
New Orleans Baptist Theological Seminary Christian Counseling Conference	2017
American Association of Christian Counselors World Conference	2013
American Association of Christian Counselors World Conference	2011

COMMUNITY AND PROFESSIONAL SERVICE

Cool Spring Baptist Church	2022-present
Team Leader for a mental health ministry supporting emotional wellness in the church.	
Baptist Friendship House	2018-2019
Director of Mental Health Services for this transitional housing ministry to women in crisis in New Orleans.	

AWARDS

James A. Headrick Award for Excellence in Christian Counseling	2013
New Orleans Baptist Theological Seminary	