

Jamie Holland, DNP, PMHNP-BC, AGCNS-BC, RN
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EDUCATION

Graduate APRN Certification University of Virginia Degree/Certification: <i>Psychiatric Mental Health Nurse Practitioner (PMHNP)</i>	2019-2021
Doctor of Nursing Practice Old Dominion University - <i>Leadership Award, Old Dominion University (2018)</i>	2016-2018
Master of Science in Nursing Old Dominion University <i>Clinical Nurse Specialist / Educator with a Geriatric focus</i>	2015-2016
Bachelor of Science in Nursing Hampton University	2011-2014
Associates in Interdisciplinary Studies Kaplan University	2009-2010

PROFESSIONAL LICENSURE / CERTIFICATION

Licensed Psychiatric Mental Health Nurse Practitioner – Board Certified State Certification (PMHNP-BC): 0024181879	2021-Present
Licensed Nurse Practitioner (LNP) – Board Certified State Certification (LNP): 0024181879	2021-Present
Adult Geriatric Clinical Nurse Specialist (NACNS) – Board Certified Federal/State Certification (ANCC): 2017001241	2017-Present
Registered Nurse License Virginia Board of Nursing – Registered: #0001251870 VA, (WA, HI)	2014-Present
STARS Certified Telemedicine Clinical Presenter	2017-Present
HeartMath Clinical Cert. for Stress, Anxiety and Emotional Mgmt. Certification ID: 0001251870	2021-Present

PROFESSIONAL EXPERIENCE

Prescriber / Co-Owner <i>Coast to Coast Counseling & Wellness, LLC</i>	2021-Present
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PMHNP Internship <i>Beach Counseling with Dr. Tsao</i> <i>Tidewater Psychotherapy Services with Dr. Cunningham</i>	2021-2021
Director / Interprofessional Clinical Coordinator <i>Community Clinical Nurse Specialist (DNP Internship)</i> <i>Ambulatory Care Center: Student Run Clinic</i> <i>Norfolk, Virginia</i>	2017-2019
Cardiac Care Nurse <i>Sentara Heart Hospital</i> <i>Norfolk, Virginia</i> Cardiac Assessment and Recovery Evaluation Unit & Cardiac Catheterization Lab	2014-2017
Clinician I <i>Children's Hospital of the King's Daughters</i> <i>Norfolk, Virginia</i> 7C-Medical Surgical Unit	2013-2014
Benefits Specialist <i>Homeland Security Solutions.</i> <i>Hampton, Virginia</i>	2008-2012

PROFESSIONAL EDUCATIONAL EXPERIENCE

Assistant Professor / Director, School of Nursing <i>Regent University</i> <i>School of Nursing</i> <i>Director, School of Nursing</i> <i>Director, Master of Science in Nursing Program</i> <i>RN to BSN & RN to MSN Programs</i> Roles included development of advanced practice nursing tracks (Psychiatric Mental Health Nurse Practitioner & Family Nurse Practitioner) and Doctor of Nursing Practice tracks.	2020-Present
Adjunct Professor <i>Regent University</i> <i>School of Nursing</i> <i>RN to BSN & RN to MSN Programs</i> Roles included co-instructor/course assistant, professor or record and course developer. An "*" has been added to courses that were new starts or included redevelopment in areas such as goal and objective development, IDEATE formatting and course alignment with WEAVE.	2019-2020
Assistant Professor <i>Tidewater Community College</i> <i>Beazley School of Nursing</i> <i>Associates Degree Program</i>	2017-2021

PUBLICATIONS

Books/Booklets/Book Chapters

- Holland, D., & Holland, J. (2021). *A School Shooting*. In J. Nelson, & L. Wines, Responding to Critical Cases in School Counseling: Building on Theory, Standards, and Experience for Optimal Interventions (pages 216-223). New York, NY: Routledge.
- Holland, D., and Holland, J. (in press). *Addressing What's Wrong with What's Strong*. In C. Williams and T. Hourihan, Addictions Counseling: Body, Soul and Spirit. San Diego: Cognella Academic.

Journals

- Magnante, A. T., Ord, A. S., Holland, J. A., & Sautter, S. W. (2022). Neurocognitive functioning of patients with early-stage Parkinson's disease. *Applied Neuropsychology: Adult*, 1-12. Doi: <https://doi.org/10.1080/23279095.2022.2106865>
- Holland, D., Newmeyer, M., Holland, J., & Quaranta-Leech, A.* (2021). Tarasoff vs threat: Considerations for mental health providers navigating legal, ethical, and practical variables associated with preventing mass acts of violence. *International Journal of Emergency Mental Health and Human Resilience*, 23(6), 86-92.

SERVICE TO UNIVERSITY, SCHOOL, AND PROFESSION

Service to the University

- Member**, Chancellor's Cabinet. Regent University. (2021-Present)
- Member**, Dean interview panel. Regent University School of Nursing, (2020-2021)
- Developer**, Masters in Nursing Program, Advanced Practice degree tracks and doctoral degree tracks
- Member**, Institute for Violence Research in the School of Psychology & Counseling, Regent University (2020-Present)
- Member**, Regent University Healthcare Advisory Board (2021-Present)
- Chair**, School of Nursing Curriculum Committee (2020-Present)
- Lead Faculty**, Expansion of Regent University's School of Nursing into the community during pandemic response through collaborative relationships (Virginia Department of Health, Eastern Virginia Medical School, Tidewater Community College, Old Dominion University, etc.)
- Member**, Social Media Committee, College of Health and Behavioral Sciences, Regent University
- Holland, J.** (2022, April). *Cognitive disorders: characteristics and assessment* (lecture, scenarios, assessment tool training). Psychopathology Guest Lecturer (COUN 538), School of Psychology & Counseling, Virginia Beach, Virginia.
- Holland, J.** (2021, April). *Cognitive disorders: characteristics and assessment* (lecture, scenarios, assessment tool training). Psychopathology Guest Lecturer (COUN 538), School of Psychology & Counseling, Virginia Beach, Virginia.
- Holland, J.** (2021, April). *Cognitive disorders: characteristics and assessment* (lecture, scenarios, assessment tool training). Psychopathology Guest Lecturer (COUN 538), School of Psychology & Counseling, Virginia Beach, Virginia.

Service to Regent University's School of Nursing

- Director**, School of Nursing (2021-Present)
- Director**, Masters in Nursing Program (2021-Present)
- Director**, Research and Care Institute. Regent University School of Nursing. (2021-Present)
- Faculty Lead & Plan Developer**, Student-Led Vaccine Clinic Vaccination Team – deploying Regent SON nursing students for critical clinical experience and community need. This involved securing MOU agreements with multiple other schools and the Virginia Department of Health. This

- developed a collaboration with Eastern Virginia Medical School, Old Dominion University, Tidewater Community College and the Virginia Department of Health. (2021, February)
- Holland, J., & Le, B.** (2020, April). School of nursing exposure plan, Policy. Regent University School of Nursing. Virginia Beach, VA.
- Holland, J.** (2020, April). Critical thinking measurement instruments. Written Summary. Regent University, School of Nursing. Virginia Beach, VA.
- Lead Researcher** (2021). Improving ESI Acuity Assignments in the Emergency Department. (Study with student).

Service to the Profession

- Co-Developer**, Healthcare Heroes Processing Group, Nursing support group (in conjunction with Regent University School of Psychology & Counseling) (2021).
- Developer**, Student-Led Vaccine Clinic Vaccination Team (increasing the potential number of vaccinators by 300% in the city of Norfolk while providing vital clinical experiences for nursing students of all levels (pre-RN supervised by Regent SON RN and graduate nurses), Virginia Department of Health, Norfolk, VA (2021) - <https://www.regent.edu/news/regent-university-nursing-students-help-administer-covid-19-vaccines-in-virginia/>
- Holland, D., & **Holland, J.** (2020, April). Trauma response for COVID-19 nurses: stress debriefing and peer response. Virginia Beach, Virginia.
- Holland, D., & **Holland, J.** (2020, March). Trauma response for COVID-19 nurses: stress debriefing and peer response. Virginia Beach, Virginia.
- Holland, D., & **Holland, J.** (2020, March). Trauma response for COVID-19 nurses: stress debriefing and peer response. Portsmouth, Virginia.
- Holland, D., & **Holland, J.** (2020, March). Trauma response for COVID-19 nurses: stress debriefing and peer response. Norfolk, Virginia.
- Holland, D. & **Holland, J.** (2019, November). Development Psychology: Strategies for Healthcare Worker Application. Beasley School of Nursing. Portsmouth, Virginia
- Holland, D., & **Holland, J.** (2019, June). Critical Incident Stress Debriefing Strategies. Beasley School of Nursing. Portsmouth, Virginia.
- Holland, D. & **Holland, J.** (2019, June). Critical Incident Stress Debriefing Strategies. Virginia Beach, Virginia
- Holland, D. & **Holland, J.** (2019, June). Critical Incident Stress Debriefing Strategies. All practicum classes, Regent University, Virginia Beach, Virginia
- Holland, D. & **Holland, J.** (2019, May). Development Psychology: Strategies for Healthcare Worker Application. Beasley School of Nursing. Portsmouth, Virginia

Service to the Profession through Professional Development Training

- Holland, D. & **Holland, J.** (2021, January-invited). *Proper Functioning: Evaluating Wellness and Healthy System Function*. Norfolk home-based counselor training. Norfolk, Virginia.

SERVICE TO THE COMMUNITY

Services to Community Through Media & Social Media

- Holland, D. & **Holland, J.** (2020, April). Flattening the curve: managing anxiety and panic to thrive during disruption, Virginia Beach, Virginia. <https://youtu.be/XDRPjrXy5pI>
- Holland, D. & **Holland, J.** (2020, April). Thriving together during disruption: part 1, Virginia Beach, Virginia. <https://youtu.be/PQwm1ceEvdC>
- Holland, J., & Holland, D.** (2020, April). *Every moment together is a gift: nursing those dying alone during COVID-19 (written by Holland, D. & Holland, J for the 700 Club)*. 700 Club, Virginia Beach, Virginia. <https://youtu.be/igQuneCd5cE>

- Holland, D. & Holland, J. (2020, April). Thriving together during disruption: part 2, Virginia Beach, Virginia. <https://youtu.be/Q2Lc8m1odyc>
- Holland, D. & Holland, J. (2020, April). Thriving together during disruption: part 3, Virginia Beach, Virginia. <https://youtu.be/9EbCyHNmxoA>
- Holland, D., & Holland, J. (2020, March). Thriving during disruption: think winter not blizzard, Virginia Beach, Virginia. <https://youtu.be/YzHdGFlzsH0>
- Holland, D., & Holland, J. (2020, March). Thriving during disruption: managing conflict during quarantine, Virginia Beach, Virginia. <https://youtu.be/fS7Dx4qXvWw>

Direct Services to Community

- Developer**, Student-Led Vaccine Clinic Vaccination Team (increasing the potential number of vaccinators by 300% in the city of Norfolk), Virginia Department of Health, Norfolk, VA (2021) - <https://www.regent.edu/news/regent-university-nursing-students-help-administer-covid-19-vaccines-in-virginia/>
- Care Provider and Facilitator/Student-Led Coordinator**, City of Norfolk Vaccine Clinic, Virginia Department of Health, delivering hundreds of vaccines to the community. Virginia Beach, VA (February, 2021)
- Care Provider and Facilitator/Student-Led Coordinator**, City of Norfolk Vaccine Clinic, Virginia Department of Health, delivering hundreds of vaccines to the community. Virginia Beach, VA (February, 2021)
- Care Provider and Facilitator/Student-Led Coordinator**, City of Norfolk Vaccine Clinic, Virginia Department of Health, delivering hundreds of vaccines to the community. Virginia Beach, VA (March, 2021)
- Care Provider and Facilitator/Student-Led Coordinator**, City of Norfolk Vaccine Clinic, Virginia Department of Health, delivering hundreds of vaccines to the community. Virginia Beach, VA (March, 2021)
- Care Provider and Facilitator/Student-Led Coordinator**, City of Norfolk Vaccine Clinic, Virginia Department of Health, delivering hundreds of vaccines to the community. Virginia Beach, VA (March, 2021)
- Care Provider and Facilitator/Student-Led Coordinator**, City of Norfolk Vaccine Clinic, Virginia Department of Health, delivering hundreds of vaccines to the community. Virginia Beach, VA (March, 2021)
- Care Provider and Facilitator/Student-Led Coordinator**, City of Norfolk Vaccine Clinic, Virginia Department of Health, delivering hundreds of vaccines to the community. Virginia Beach, VA (April, 2021)
- Care Provider**, Founders Inn Vaccine Clinic, delivering hundreds of vaccines to the community. Virginia Beach, VA (February, 2021)
- Care Provider**, Founders Inn Vaccine Clinic, delivering hundreds of vaccines to the community. Virginia Beach, VA (March, 2021)
- Care Provider**, Founders Inn Vaccine Clinic, delivering hundreds of vaccines to the community. Virginia Beach, VA (March 2021)
- Care Provider**, Founders Inn Vaccine Clinic, delivering hundreds of vaccines to the community. Virginia Beach, VA (April 2021)
- Church Advisor, Trainer, Member**. Wave Church Medical Response Team, Virginia Beach, VA (2018-Present)
- Clinical Support** (2019, May-June). Virginia Beach Shooting Response. Conducted 7 of the 11 death notifications. Consulted Virginia Beach Police, Virginia Beach Department of Occupational Health, Virginia Beach City Counsel, Virginia Beach Chaplains, Tidewater Inter-faith Network, Virginia Beach City Management, Department of Behavioral Health for the Commonwealth of Virginia, and other stakeholders. (Regent Press Release: <https://www.regent.edu/news-events/regent-offers-counseling-services-to-families-affected-by-mass-shooting/>).
- Volunteer RN / Student Preceptor**, *Missions of Mercy*, Yorktown, VA (2017, March)

- Volunteer/Medical Support**, *Surfer's Healing of Virginia Beach*, Surf camp for those diagnosed with Autism Spectrum Disorder and their Families, Virginia Beach, Virginia (2011-Present, annually).
- Support Staff Volunteer**, *Remote Area Medical (RAM)*, Medical and psychological support to rural community members, Wise, Virginia (2016, July).
- Volunteer**, *Out of Darkness – Community Walk*. Suicide awareness and prevention campaign, Virginia Beach, Virginia (2014–2015, annually)
- Volunteer**, *Wounded Warriors: They will surf again event*, Virginia Beach, Virginia (2014–2019)
- Volunteer/Host**, *Anthem Blue Cross Blue Shield / Children's Hospital of the King's Daughter's Lemon'Aide Stand* to support the fight against cancer, Norfolk, Virginia (2013, August).

TRAINING AND SPEAKING ENGAGEMENTS

- Kipper, R., Holland, D., & **Holland, J.** (2021, October). *Effective Strategies for Law Enforcement Health and Wellness*: Virginia Department of Criminal Justice Services. Richmond, Virginia.
- Holland, D., Lee, B., **Holland, J.** & Jones, D. (2020, April). Regent University SPC/RSON Webinar: *Finding Peace in Pandemic* (response to request of EVP), Virginia Beach, Virginia.
https://zoom.us/webinar/register/WN_03CKE_pgTGGGTfD0ulcByg
- Holland, J. (2020, May). PPE Presentation Webinar. Regent University School of Nursing, Virginia Beach, VA.
- Holland, D., & **Holland, J.** (2020, May). *Trauma Response for COVID-19 Nurses: Stress Debriefing and Peer Response*. Virginia Beach, Virginia.

PROFESSIONAL PRESENTATIONS

National and International Presentations

- Holland, D., Newmeyer, M., **Holland, J.** & Quaranta-Leech, A. (2021, October). *Tarasoff vs. Mass Shootings: A Database Analysis of 50 Years and What We've Learned*. Association for Counselor Education and Supervision, Annual National Conference. Atlanta, GA
- Holland, D., **Holland, J.**, & Ferlic, K.* (2018, August). *Positive counseling: moving from what's wrong to what's strong*. American Mental Health Counselors Association National Conference, Orlando, FL.
- Holland, D. & **Holland, J.** (2018, September). *Overcoming common pitfalls of interprofessional team development: communication strategies that really work*. National Center for Interprofessional Practice and Education, NEXUS National Summit, Minneapolis, MN.
- Holland, J.**, Haney, T., Kott, K. (2018, July). *Envisioning success for all: Students effectively lead interprofessional teams providing care for the uninsured and impoverished in urban federally qualified health centers*. National Center for Education and Interprofessional Education. Minneapolis, MN.
- Holland, J.** & Haney, T. (2018, March). *The Clinical Nurse Specialist as a leader and facilitator for patient centered care in an urban based federally qualified clinic* Podium Presentation. National Association of Clinical Nurse Specialist. Austin, TX.
- Holland, J.** & Haney, T. (2018, February). *Outcomes from a Student Run Clinic designed to address social determinants of health* Poster Presentation. VCU 6th Annual Jewell and Carl Emswiler Interprofessional Symposium. Richmond, VA.
- Britton, B., Karen, K., **Holland, J.**, Haney, T. (2018, February). *The Interprofessional care clinic: Learning while providing care for medically underserved at high risk for preventable hospitalization*. Poster Presentation. Society of Teachers of Family Medicine (SFTM) Conference on Medical Education. Austin, Texas.
- Holland, D. & **Holland, J.** (2017, September). *Consultation on Strategies for Integration of Student Counselors into Multidiscipline Health Care Clinic*. PACER Conference, Chicago, IL.
- Holland, J.** & Haney, T. (2017, March). *CNS/FNP Collaborative leadership in rural ambulatory setting: A*

modeling of intraprofessionalism in healthcare Poster Presentation. National Association of Clinical Nurse Specialist. Atlanta, GA.

Holland, J., Haney, T., Kott, K. (2017, February). Empowering a CNS student to change care delivery in community clinic settings Poster Presentation. VCU 5th Annual Jewell and Carl Emswiller Interprofessional Symposium. Richmond, VA.

CONSULTATION ROLES

Consultant/Subject Matter Expert (Nursing care), The 700 Club / CBN News. Virginia Beach, Virginia. (2019-Present)

Member, Advisory Board, National Center for the Prevention of Community Violence (2020-Present)

Consultant, Institute for Violence Research in the School of Psychology & Counseling (interprofessional, interdisciplinary care SME), Regent University, Virginia Beach, VA (2021-Present)

Consultant / Volunteer, Medical Health Response Protocols, Wave Church, Virginia Beach, Virginia. (2018-Present)

Consultant/Former Director, Ambulator Care Clinic student led PACER Interprofessional Clinic (in association with Eastern Virginia Medical School and Old Dominion University faculty), Norfolk, VA (2018-2021)

TRAININGS, HONORS AND AWARDS

Training

- General Psychiatric Management of Borderline Personality Disorder, Harvard Medical School (2021)-
- HeartMath Interventions Certification Program for Professionals (2020)
- Civilian Response to Active Shooter Events (CRASE) Trainer (2019)
- STARS Certification for Telemedicine Clinical Presenter Training, National School of Applied Telehealth, (2017)

Awards

Nursing Profession Leadership Award (for significance of DNP research project's impact on the future of the nursing profession), Old Dominion University Norfolk, Virginia (May 2018).

Nominee, Emswiller Nursing Leadership Award (March 2017)

PROFESSIONAL MEMBERSHIPS

Current Affiliations

- Sigma Theta Tau International Honor Society (STTI) (2018-Present)
- Virginia Doctor Of Nursing Practice (VADNP) (2017-Present)
- Virginia Clinical Nurse Specialist (VACNS) (2017-Present)
Policy Task / Force (2017-2018)
- National Association of Clinical Nurse Specialist (NACNS) (2017-Present)
- American Nurses Association (ANA) (2014-Present)
- Virginia Nurses Association (VNA) (2014-Present)